

Forty-Five Things

1. Apply to PhD/EdD program
2. Attend a gallery opening
3. Be an extra in a movie
4. Blow glass
5. Complete a 1000 piece puzzle
6. Complete a Ropes Course
7. Create a blog about 45 things
8. Create personal stationary and write letters to people I love
9. Donate blood
10. Eat at a really fancy restaurant
11. Finish my SOQP qualifications
12. Go axe throwing
13. Go on a yoga retreat
14. Go on at least one date every month
15. Go to an escape room
16. Have a spa day
17. Host a dinner party
18. Keep a gratitude journal
19. Kiss in the rain
20. Learn 20 new things about my partner
21. Learn to knit
22. Learn to make an origami animal
23. Make a big career move
24. Make wine
25. Meditate daily
26. Meet Brené Brown
27. Present at a conference
28. Read a book each month (for fun)
29. Record a song
30. Ride in a hot air balloon
31. See a show on Broadway
32. Sky dive
33. Spend a night at a luxury hotel
34. Spend a week on vacation with my family and no technology
35. Take a cooking class
36. Take a dance class
37. Take a spontaneous trip
38. Tour a working farm
39. Volunteer for a Habitat build
40. Volunteer to serve a meal to the homeless
41. Watch a sunrise with my partner
42. Watch a sunset with my partner
43. Write a book proposal
44. Write a letter to my future self
45. Zipline